

**SUMMER 2023**

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# Professional Development

(CEU & BOSA CEU Approved Courses)



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## Leadership Development

### PRINCIPAL COLLEGIAL COHORT 2023.24 SCHOOL YEAR

[Register](#) (BOSA CEU Approval Pending)

(<https://metroecsu.myquickreg.com/register/event/event.cfm?eventid=16883>)

**Dates (2nd Thursday Monthly):** October, 12, 2023; December 14, 2023; February 8, 2024; April 11, 2024,

**Time:** 11:00-12:30 p.m.

**Location:** Twin Cities 400 Tavern, 1300 Industrial Blvd, NE., Minneapolis, MN 55413

**Facilitator:** Chris Streiff Oji, Metro ECSU

**Audience:** K-12 Principals and Assistant Principals

**Registration Fee:**

- \$200.00 Metro ECSU Member Rate (lunch purchased on own, if desired)
- \$240.00 Standard Rate (lunch purchased on own, if desired)

**Description:** A space for Principals and Assistant Principals from around the Twin Cities Metro Area to connect with one another on a regular basis. We will brainstorm topics to discuss at each session for collaboration and dialogue with an action-oriented focus.

### PRINCIPAL COACHING - INDIVIDUAL

**Audience:** K-12 Principals and Assistant Principals who would like to take their leadership from Good to Great!

**Description:** Coaching can provide a critical pillar of support for Principals and Assistant Principals as they navigate the complex world of school leadership.

Sessions will focus on four key areas:

- Fostering a Health Culture & Climate
- Empowering Your People
- Optimizing Your Systems (MTSS)
- Equity Focused Leadership

We will analyze strengths and opportunities for improvement in these areas using data and a strategic focus. We will establish a Plan, Do, Study, Action plan to implement school improvement strategies and monitor progress toward your strategic goals.

**Registration Fee: (BOSA CEU Approved)**

- \$1,020/Person - Metro ECSU Member Rate (12 sessions @ \$85 per session)
- \$1,260/Person - Standard Rate (12 sessions @ \$105 per person)

**Includes:**

- 1-hour individual coaching sessions twice a month for September/October/November then monthly December - May for 12 total sessions.
- Meeting dates: TBD with Participants. These can occur onsite or virtually.
- To register for individual coaching, please contact Brittany Stepan directly at [brittany.stepan@metroecsu.org](mailto:brittany.stepan@metroecsu.org)

Information continued on next page



## PRINCIPAL COACHING - INDIVIDUAL CONTINUED

**Testimonial:** *“As a first-year principal, I am incredibly grateful to have Chris's coaching support. Not only does Chris openly share her depth of knowledge and numerous resources, she is also skilled in helping me take a step back from the fast-paced nature of the work each week to keep in perspective improving school culture, empowering staff, and strengthening systems. Chris's coaching support has helped me stay committed to interrupting a system that produces inequitable and predictable outcomes based on family of origin, racial background, and socioeconomic status. If you are a leader committed to student success and reimagining public schooling from a human-centered approach, I highly recommend Chris as a coach and thought partner. The work is not for the faint of heart, and it is not meant to be done alone.” -Jennifer, Metro Area Principal*

**Coach: Chris Streiff Oji** was born and raised in Los Angeles, California. She relocated to Minnesota and after 31 years considers Minnesota to be home. She has spent the last 27 years in Education serving as a teacher K-12, middle and elementary school building assistant principal and principal. She led professional development and continuous improvement at the district level for the Rochester Public Schools where she assisted schools in developing their strategic focus with an equity lens. Chris has taught graduate level courses in education and has been an equity advocate addressing gaps with measurable results both academically and behaviorally. Chris developed the FISH! For Schools Curriculum and consulted with school districts across the U.S. to improve culture and climate in schools. She currently serves as the Professional Development Strategist for Metro ECSU and is a School Board Member in White Bear Lake, MN.



## PRINCIPAL COACHING - SMALL GROUP

**Register (BOSA CEU Approved)**

(<https://metroecsus.myquickreg.com/register/event/event.cfm?eventid=16805>)

**Dates:** September 21, 2023; October 26, 2023; November 16, 2023; February 22, 2024; March 21, 2024; April 18, 2024; May 16, 2024

**Time:** 10:00 - 11:00AM

**Location:** Metro ECSU, Bethel University - Anderson Center, 2 Pine Tree Drive, Arden Hills, MN, 55112 - Room ANC125

**Facilitator:** Chris Streiff Oji, Professional Development Strategist at Metro ECSU. You can find Chris' bio on the previous page.

**Registration Fee:**

- \$560/Person - Metro ECSU Member (8 sessions @ \$70 per session)
- \$720/Person - Standard Rate (8 sessions @ \$90 per session)

**Includes:**

1-hour group coaching sessions for 8 total sessions

**Audience:** K-12 Principals and Assistant Principals who would like to take their leadership from Good to Great!

**Description:** Coaching can provide a critical pillar of support for Principals and Assistant Principals as they navigate the complex world of school leadership.

Sessions will focus on four key areas:

- Fostering a Health Culture & Climate
- Empowering Your People
- Optimizing Your Systems (MTSS)
- Equity Focused Leadership

We will analyze strengths and opportunities for improvement in these areas using data and a strategic focus. We will establish a Plan, Do, Study, Action plan to implement school improvement strategies and monitor progress toward your strategic goals.

## IGNITING THE LEADER WITHIN: A FRESH LOOK AT SCHOOL LEADERSHIP

[Register](#) (BOSA CEU Approved)

(<https://metroecsus.myquickreg.com/register/event/event.cfm?eventid=16832>)

**Dates:** August 2 & 3, 2023

**Time:** 9:00AM - 4:00 PM

**Location:** Metro ECSU, Bethel University - Anderson Center, 2 Pine Tree Drive, Arden Hills, MN, 55112 - Room ANC125

**Co-Facilitators:** Jeff Stafford, Orange Slice Training & Chris Streiff Oji, Metro ECSU

**Audience:** Principals, Assistant Principals, Directors, and other school/district leaders

**Registration Fee (includes lunch):**

- \$300/Person - Metro ECSU Member
- \$375/Person - Regular Rate

**Description:**

Are you ready to level up your leadership and take your staff and school to new heights? Then join us for "Igniting the Leader Within: A Fresh Look at School Leadership." In this workshop, we will delve into the 3 crucial steps to becoming a dynamic and effective school leader.

In this 2-day experience, we'll explore ways to cultivate a healthy culture and climate by connecting with your values and identifying behaviors that drive action. Next, we'll explore how to amplify your leadership voice and empower your people. And finally, we'll discuss strategies for thriving in times of chaos and conflict.

## Optimize Systems

### MTSS DECONSTRUCTED: A MODEL FOR CONTINUOUS IMPROVEMENT TO MOVE FROM A CRISIS RESPONSE TO PROACTIVE AND PREDICTABLE RESPONSES

[Register](#) (BOSA CEU Approved)

(<https://metroecsuhills.org/myquickreg.com/register/event/event.cfm?eventid=16830>)

**Co-Facilitators:** Dave Stern & Chris Streiff Oji

**Date:** June 23, 2023

**Time:** 8:00 a.m. – 4:00 p.m.



**Location:** Metro ECSU, Bethel University-Anderson Center, 2 Pine Tree Drive, Arden Hills, MN 55112 - Room ANC125

**Audience:** Preferably school teams: Administrator, School Psychologist, Social Worker, Behavior Intervention Specialists, MTSS Team Reps

**Registration Fee:** - Metro ECSU Member  
• \$300/Person – Regular Rate

**Description:**

This training will help you move from operating in crisis mode to proactive and predictable responses in meeting the needs of your students. These past few years have been disruptive and many have been in reactive, rather than proactive mode.

### SAVE THE DATE: EDUCATION LEADERSHIP TECHNOLOGY SUMMIT

**Save the Date!** The Education Leadership Technology Summit will be held on Thursday, July 27, 2023 in Minneapolis at the Flipgrid Headquarters.

The goal is to help educational leaders understand two very important aspects of technology:

1. supports for teachers to use technology to enable student learning, and ;
2. tips and techniques to ease the very busy schedules that school and district leaders experience.

Local experts will offer presentations within three strands of the summit – Visionary Planning, Empowered Leadership, and System Design. All of these will be based in equity, advocacy and connected learning.

Please mark your calendars and pass this information along to those in your organization.

Education Leadership Tech Summit -[Call for Proposals](#) for those that are interested in proposing a session



## Equity & Cultural Competency

### LEADING CULTURALLY AND LINGUISTICALLY DIVERSE SCHOOLS

[Register](#) (BOSA CEU Approved)

(<https://metroecsu.myquickreg.com/register/event/event.cfm?eventid=16822>)

**Facilitator:** Dr. Amy Young

**Date:** Tuesday, August 1, 2023

**Time:** 9:00 a.m. – 3:00 p.m.

**Location:** Metro ECSU, Bethel University-Anderson Center, 2 Pine Tree Drive, Arden Hills, MN 55112 - Room ANC125

**Facilitator:** Dr. Amy Young

**Audience:** School Administrators

**Registration Fee (includes lunch):**

- \$100/Person - Metro ECSU Member
- \$125/Person – Standard Rate

**Description:**

Dr. Amy Young will facilitate this training to support activities to improve student outcomes among multilingual learners with the following anticipated outcomes:

- Leverage students' linguistic and cultural assets
- Learn from and with multilingual/multicultural populations
- Develop all learner' academic language proficiency
- Access instructional frameworks and resources
- Provide supports and facilitate academic achievement in all classes
- Ensure equitable educational opportunities

## SERVING THE WHOLE STUDENT: ENGLISH LANGUAGE DEVELOPMENT AND TRAUMA-SENSITIVE PRACTICES TO MAXIMIZE MULTILINGUAL LEARNER ENGAGEMENT IN SCHOOL

[Register](#) (BOSA CEU Approved)

(<https://metroecsus.myquickreg.com/register/event/event.cfm?eventid=16829>)

**Facilitator:** Dr. Jill Watston (Bio in the registration link)

**Date:** August 14, 2023

**Time:** 8:00-4:00 p.m.

**Location:** Metro ECSU, Bethel University-Anderson Center, 2 Pine Tree Drive, Arden Hills, MN 55112 - Room ANC125



**Facilitator:** Dr. Jill Watson

**Audience:** Teachers, School Administrators, School Support Staff

**Registration Fee (includes lunch):**

- \$200/Person - Metro ECSU Member
- \$250/Person – Standard Rate

**Description:** Best practices for supporting English Language Development (ELD) for Multilingual Learners (MLs) and Students with Limited or Interrupted Formal Education (SLIFE), sponsored by Metro ECSU.

- Trauma-informed practice with a focus on working with SLIFE/refugee-background Multilingual Learners.
- Best Practices in English Language Development (ELD) for ML/SLIFE with a focus on Academic Language: Beyond the Vocabulary List.



## CULTURAL COMPETENCY (PELSB APPROVED FOR 8 CEU'S)

[Register for June 22 \(BOSA CEU Approval Pending\)](https://metroecsu.myquickreg.com/register/event/event.cfm?eventid=16879)

(<https://metroecsu.myquickreg.com/register/event/event.cfm?eventid=16879>)

[Register for Online Asynchronous Course](https://metroecsu.myquickreg.com/register/event/event.cfm?eventid=16869)

(<https://metroecsu.myquickreg.com/register/event/event.cfm?eventid=16869>)

**Facilitator:** Chris Streiff Oji, Metro ECSU

**June 22, 2023**

8:00-4:00 p.m.

Metro ECSU, Bethel University-Anderson Center, 2 Pine Tree Drive, Arden Hills, MN 55112 - Room ANC125

**Online Asynchronous Course** - At your own pace

**Target Audience:** Teachers and Administrators

**Registration Fee:** \$99/Standard and Member Rate

### Description

This course is designed to broaden our understanding of and effective interaction with people of cultures, native languages, and socioeconomic backgrounds that are different from our own. This Statewide learning course is a collaboration of the Minnesota Service Cooperatives. The objectives of this course is to promote self-reflection and discussion around topics of race, culture and socioeconomics; American Indian and Alaska Native; system racism; religion; sexual orientation; gender identity, including transgender students; language diversity; individuals with disabilities, including mental health concerns. Best practices for supporting English Language Development (ELD) for Multilingual Learners (MLs) and Students with Limited or Interrupted Formal Education (SLIFE), sponsored by Metro ESCU.

## SAVE THE DATE: SW EQUITY SUMMIT

Please Save the Date and join us for the 2nd Annual SW Metro Regional Equity Summit! More information to come.



## Trauma Informed Classroom Management Strategies

### THE CATALYST APPROACH: WHOLE GROUP CLASSROOM LEADERSHIP

[Register](https://metroecu.myquickreg.com/register/event/event.cfm?eventid=16825) (BOSA CEU Approved)

(<https://metroecu.myquickreg.com/register/event/event.cfm?eventid=16825>)

**Date:** Tuesday, June 27, 2023

**Time:** 8:30 a.m. – 3:30 p.m.

**Location:** Metro ECSU, Bethel University-Anderson Center, 2 Pine Tree Drive, Arden Hills, MN 55112 -Room ANC125

**Facilitators:** Jacki Brickman & Nancy Burns, The Catalyst Approach

**Audience:** Classroom Teachers, Administrators, Directors

**Registration Fee (includes lunch):**

- \$400/Person - Metro ECSU Member
- \$500/Person – Regular Rate



**Description:**

The CATALYST APPROACH's Classroom Management Strategies promote strong and supportive relationships between educators and students through 12 easy and practical behavior management skills that are grounded in connection and aimed at disrupting patterns of frustration, confusion, and inquiry in the classroom. Strategies are specific to shifting students' attention, providing clear communication and engagement during lessons, and supporting success during times of independent and group practice or application of learning.

## Trauma Informed Schools

### Starr Commonwealth: 10 Steps of Trauma Informed Resilient Schools

[Register for May 3](https://metroecu.myquickreg.com/register/event/event.cfm?eventid=16825) (https://metroecu.myquickreg.com/register/event/event.cfm?eventid=16825)

[Register for May 17](https://metroecu.myquickreg.com/register/event/event.cfm?eventid=16853) (https://metroecu.myquickreg.com/register/event/event.cfm?eventid=16853)

**Dates (Choose one):** May 3 or May 17, 2023

**Time:** 8:00AM - 4:00PM

**Location:** Metro ECSU - 2 Pine Tree Drive, Arden Hills, MN, 55112

**Audience:** Teachers, Principals, Paraprofessionals, Other District Administrators, and Other Support Staff

**Registration fee (Lunch provided):**

- \$150 - Metro ECSU Member
- \$187.50 - Non-Member

**Description:**

Starr Certified Trauma and Resilience Trainer in Education (CTRT-E) will be facilitated by a multidisciplinary team composed of Mental Health Professionals, Nurses, and/or Licensed Teacher within Special Education with extensive background in Trauma Informed & Mental Health within the education setting all certified trainers in Trauma and Resilience Trainer in Education.

The learning experience will focus on resilience with an emphasis on understanding how trauma impacts children and their school experience. It will provide proactive strategies such as fostering connections, prioritizing social and emotional skills, establishing safety, and promoting play. Detailed information and concrete actions will also be covered, and in a way that doesn't just answer the "why" but also the "how" to create the best classroom and school supports for traumatized students and the school professionals who serve them.

Provided Resources: "10 Steps" Activities Packet and, upon request, a Certificate of Completion and CTRS-E Badge

## Educator Wellness

### Reclaiming Resilience: Emotional Wellness and Resiliency for School Staff

**Date & Time:** Self-paced module completion (estimated 12 hours total)

**Location:** Virtual

**Audience:** Teachers, Principals, Paraprofessionals, Other District Administrators, and Other Support Staff.

**Registration fee:** Free

**Description:**

Emotional Wellness & Resiliency For School Staff Modules are intentional supports, education and action plans that have been specifically created for staff who are serving in the educational settings. There are 22 video modules and supportive implementation action plans based within The Phases of First Year Teaching by Ellen Moir, 5 Pillars of Resilience in order to promote content specific for the unique experiences of educational staff. These modules are applicable to all educators working with students in the education setting, every year. Teachers, Social Workers, Speech/Language Pathologists, Occupational Therapists, Paraprofessionals, Bus Drivers, Nutritional Staff, Custodial Staff, etc. If you work inside of the walls of a school building these modules are for you.

While the access to the modules and action plans are free for all (both members and non members) if there is interest in further training on implementation of content within your school community that is available for an additional fee.

**Learn more and register:** contact Blia Xiong at [blia.xiong@metroecsuo.org](mailto:blia.xiong@metroecsuo.org) or 612-638-1529

## Literacy

### SHIFTING THE BALANCE: SIX WAYS TO BRING THE SCIENCE OF READING INTO THE BALANCED LITERACY CLASSROOM

[Register](https://metroecu.myquickreg.com/register/event/event.cfm?eventid=16872) (BOSA CEU Approval Pending)

(<https://metroecu.myquickreg.com/register/event/event.cfm?eventid=16872>)

**Facilitator:** Amy Pierce



**June 29 & 30, 2023** 9:00-3:00 p.m.

Metro ECSU, Bethel University-Anderson Center, 2 Pine Tree Drive, Arden Hills, MN 55112 - Room ANC125

**Target Audience:** K-5 Teachers, Administrators, Literacy Coaches, Instructional Coaches, Reading Interventionists, SPED Teachers

**Registration Fee (includes lunch AND book):**

- \$200/Member
- \$250/Non-Member

#### Description

"What are the critical elements of the science of reading and how do I teach them effectively to all of my students?"

If this is the question you want to be able to answer and effectively do, join this group of educators in a 2-day course as we explore how the authors of *Shifting the Balance* skillfully explain the science of reading, courageously examine some long-held balanced literacy practices, and guide us to make the shifts in our instructional pedagogy.

As a reflective practitioner, you will examine current practices in your classroom and become empowered to implement six key shifts for instruction, including recommitting to phonemic awareness, reimagining phonics, revising high-frequency words, reinventing miscue analysis, and reconsidering texts for beginning readers.

If you'd like to examine your current literacy block, be able to explain SoR for your students, and leave with a plan for implementation for this coming school year, then you won't want to miss this course!

**Book "Shifting the Balance: 6 Ways to Bring Science of Reading into the Balanced Literacy Classroom"** included.



## Elevating Student Voice

### ELEVATING STUDENT VOICE THROUGH CARING AND COMMITTED CONVERSATIONS

[Register for June 28 \(BOSA CEU Approved\)](#)

(<https://metroecu.myquickreg.com/register/event/event.cfm?eventid=16871>)

[Register for August 14](#)

(<https://metroecu.myquickreg.com/register/event/event.cfm?eventid=16836>)

**Date:** June 28, 2023 OR August 14, 2023

**Time:** 8:30 a.m. – 3:30 p.m.

**Location:** Metro ECSU, Bethel University-Anderson Center, 2 Pine Tree Drive, Arden Hills, MN 55112 - Room ANC125

**Facilitators:** Sarah Miller and Malik Peer, Diversity Equity Outreach Consulting, LLC

**Audience:** Classroom Teachers K-12, Administrators, Directors, Social Workers, Behavior Intervention Specialists, Equity Specialists

**Registration Fee:**

- \$200/Person - Metro ECSU Member
- \$250/Person – Regular Rate

**Description:**

*Caring & Committed Conversations (CCC)* is a guided conversation process that empowers students to courageously use their voices to share their personal stories and thoughts pertaining to society and educational issues that explicitly and implicitly impact their lives. This training outlines the process used to establish a Caring and Committed Conversations Protocol in your schools.

## Paraprofessional Support

### PARA PRO ASSESSMENT

**Location:** In-person at Metro ECSU- 2 Pine Tree Drive, Suite 101, Arden Hills, MN, 55112

**Audience:** Paraprofessionals

**Registration Fee:** \$85

**Description:**

ParaPro Assessment Exam - Approved for use in Minnesota as a way for current or aspiring paraprofessionals to demonstrate competencies in reading, math, and writing as required under the No Child Left Behind Act of 2002. Paraprofessionals who assist with classroom instruction must meet state requirements beyond a High School diploma, or its equivalent. One option to satisfy this demand is passing the ParaPro examination, an assessment designed to fulfill requirements of the federally legislated No Child Left Behind Act of 2002, which measures the math, reading, and English skills of practicing or aspiring Paraprofessionals, as well as their ability to apply these skills and knowledge when assisting in a classroom setting. The ParaPro Assessment is a timed, computerized exam, consisting of 90 multiple-choice questions. The questions must be answered within a two and one-half hour time period, and scoring is scaled, based on 75 of the 90 questions. Minnesota requires a minimum score of 460 to pass the examination. Testing is offered at Metro ECSU on a weekly basis, Tuesday- Friday, with both morning and afternoon appointment times available.

**Learn more and register:** Contact Angela Skrade at [angela.skrade@metroecsuo.org](mailto:angela.skrade@metroecsuo.org) or 612-638-1528

### PARA PRO COURSES AND ASSESSMENT

**Date & Time:** Offered at 9:00am & 1:00pm on a daily basis, Tuesday-Friday

**Location:** In-person at Metro ECSU - 2 Pine Tree Drive, Suite 101, Arden Hills, MN, 55112

**Audience:** Paraprofessionals

**Registration fee:**

- \$59 for Courses ONLY
- \$79 for Courses & Assessment

**Description:**

Paraprofessionals who assist with classroom instruction must meet state requirements beyond a High School diploma, or its equivalent. One option to satisfy this demand is passing the ParaEducator assessment, designed to fulfill requirements of the federally legislated No Child Left Behind Act of 2002, which measures the math, reading, and English skills of practicing or aspiring Paraprofessionals, as well as their ability to apply these skills and knowledge when assisting in a classroom setting.

To complete the assessment to be considered “highly qualified,” paraprofessionals complete the “highly qualified courses” and complete the proctored assessment in person at Metro ECSU on their designated date and time. Assessments are completed on an in-person, individual basis, by appointment only.

Highly qualified prep courses are assigned to those wanting to take the assessment. The Title I courses are in the areas of Mathematics Skills, Reading Skills, Supporting Instruction and Writing Skills. It is estimated that the courses take 8-12 hours to complete. Content aligns with CEC standards for paraeducators and is endorsed by CASE.

**Learn more and register:** Contact Angela Skrade at [angela.skrade@metroecsuo.org](mailto:angela.skrade@metroecsuo.org) or 612-638-1528



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